

*Adult Day Care Center of Las Vegas*  
901 N. Jones Boulevard  
Las Vegas, NV 89108  
702.648.3425  
Fax: 702.648.1408



*Adult Day Care Center of Henderson*  
1201 Nevada State Drive  
Henderson, NV 89002  
702.368.2273  
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# Happy St. Pat's

## **MONTHLY NEWSLETTER**

**MARCH 2011**

IT'S EASY BEING GREEN!. The Adult Day Care Center of Las Vegas (ADCCLV) welcomes March and the opportunity to be more eco-friendly. Our Center will consider simple eco-friendly ways we can reduce our carbon footprints. The average American generates 4.5 pounds of trash every day, almost twice the amount of trash that he or she produced daily in 1960. The atmosphere will be about fun recycling. One mans discards become our Centers treasures. Mastering a new skill can ward off dementia and even help fight cancer, creative fitness may be the best preventative measure discovered so far. Our Las Vegas Center responds to the important mission of supporting senior citizens in their efforts to remain independent, with dignity in the community. We will continue to offer the fun activities that our participants enjoy, including: A daily exercise program, Chair Yoga, Tai Chi, Music Therapy, Creative Dance, Organic Gardening, Laughing Yoga, Bingo Competitions, Arts & Crafts and live entertainment every afternoon. Please join us as we celebrate all the amazing ways we can go green in the month of MARCH.



## HIGHLIGHTS FROM FEBRUARY

February lifted our hearts! The seniors made Love Art that we displayed throughout our Center. We were royally entertained by EB and the Rollers, Rock and Roll Band, with some oldie but goodie love songs for our Valentine's celebration. A BIG THANK YOU! to Chef Bonnie Mankoff (executive chef of the Luxor Hotel) for her awesome Pinwheel Lunch it was simply marvelous. To cap the month off our seniors designed and made beautiful Love Bracelets, every senior wore a bracelet home with pride. Our Creative Dance classes with Richard Havey have been simply awesome. If you missed the opportunity to buy our Senior Art Calendars they are still on sale for \$5, and they are beautiful! A THANK YOU to our wonderful hard working staff, you are our unsung hero's.

## NEW ARRIVALS

We are pleased to welcome the new participants who became a part our Center family in February: Ann G, Betty W, Joan R, and Peter C.

## CLOSURES

There are no closures in the month of March.

## GET PLUGGED IN!

There's a computer *lab* here at the Center. It is located in the Quiet Room by the arts & crafts department and the software suits all of your needs with its vast technology.

## DID YOU KNOW?

A real "leprachaun" is actually a hard working male fairy; A craftsman who saves money rather than placing it in pots of gold. It is rather their spirit and jolly disposition that makes them culturally linked to St Patrick's Day.





## EVENTS IN MARCH

Saturdays are special! You won't want to miss our fun activities on Saturdays. We would also like everyone to join us for Chair Yoga and Drumming with Jeff on Mondays at 10:00 am, Tai Chi on Thursday and Saturdays at 10:00 am, Music Therapy on Wednesdays at 10:00 am, Creative Dance is on Tuesdays and Fridays at 10:00 am and our Newest edition, Laughing Yoga at 3:00 pm every Friday. Caregivers are invited! For the love of food, you won't want to miss Chef Bonnie Mankoff's (executive chef of the Luxor Hotel) "Flavors in Harmony" on March 8th and 22nd. Attention! Cooks, Chefs, and Food Enthusiasts! Please don't forget to submit your recipes .See attached flyer for details. Our St. Patrick's Day Party will be on Thursday March 17<sup>th</sup>. We would like everyone to wear **GREEN**. Be on the look out for some special surprise events throughout the month. If these are not your regularly scheduled days, we would still love to see you here. Please take time to speak with our client services representatives so they can help you attend our center for more days.

## GETTING SCENT-IMENTAL

A new aromatherapy scent, Prairie Garden, a mix of citrus and sage will invigorate and soothe the senses. This scent will be the aromatic of choice as we continue with our aromatherapy series.

## SEE WHAT'S IN BLOOM!

Our vegetable garden is dormant for the winter. We will replant in the spring.



## QUOTES FROM FAMOUS PEOPLE

"Those who bring sunshine to the lives of others cannot keep it from themselves."  
By: James Matthew Barrie

DON'T FORGET! YOU CAN STILL PURCHASE ARTWORK FROM OUR TALENTED SENIORS. ALL PROCEEDS WILL, AS ALWAYS, BENEFIT THE ARTS AND CRAFTS DEPARTMENT. BE A PROUD OWNER OF ONE-OF-A-KIND ART MASTERPIECE.

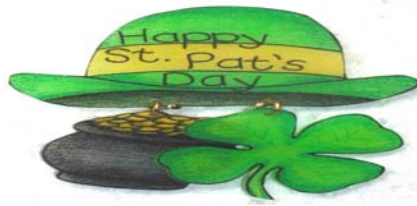
## HAPPY BIRTHDAY

Our birthday party will be held on the 5<sup>th</sup> Wednesday of the month, March 31st, 2011. Our March celebrants are Reginald R. (3/3), Frank F. (3/4), Larry M. (3/7), Gladys S. (3/13), Edilma R. (3/14), Balbina M (3/21), Brenda O. (3/22), Beulah H.(3/24), Christopher S. (3/26), Cora N. (3/27), and Blanda J. (3/30). Entertainment will be provided and birthday treats will be served as well.

## SUPPORT GROUP

Our ongoing support group meetings are held on the 2<sup>nd</sup> Wednesday of the month at 10:00 AM. March 9th is the next meeting and everyone, as always, is welcome to attend!





## ATTENTION CAREGIVERS

We have started an evening support group on the 1<sup>st</sup> Wednesday of every month please see attached flyer for more details on caregiver support programs and community forums.



# THANK YOU!

On behalf of our entire family of caring professionals here at The Adult Day Care Center of Las Vegas, we would like to thank you for being an important and appreciated part of our Center. As we continue to strive to make our Center a place of caring and fun for all our participants, always remember our doors are open to you and your family members needs. Thank you for choosing us!

Dee Dee Woodberry

*Activities Director*



# ACTIVITY CALENDAR

# ADULT DAY CARE CENTER OF LAS VEGAS

# MARCH 2011

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

	<p>1) 9:00 Current Events 9:30 Exercise 10:00 CREATIVE DANCE 12:30 BRAIN TRIVIA 1:30 WINSTON 3:00 Bingo</p>	<p>2) 9:00 Current Events 9:30 Exercise 10:00 Music Therapy/ A&amp;C 12:30 Trivia 1:30 LOIS DENNY 3:00 Bingo</p>	<p>3) MAKE A FRIEND 9:00 Current Events 9:30 Exercise 10:00 TAI CHI / A&amp;C 12:30 Ball Toss 1:30 EB 3:00 Bingo</p>	<p>4) *LAUGH YOGA* 3PM 9:00 Current Events 9:30 Exercise 10:00 CREATIVE DANCE 12:00 Music Therapy 1:30 DON FRIEND 3:00 Bingo</p>	<p>5) 9:00 Current Events 9:30 Exercise 10:00 TAI CHI 12:00 Music Therapy/ A&amp;C 1:30 MICHELLE 3:00 Bingo</p>
<p>7) 9:00 Current Events 9:30 DRUMMING JEFF 10:00 ARTS&amp;CRAFTS 12:30 Trivia 1:30 BRIAN O'SHEA 3:00 SPECIAL Bingo</p>	<p>9) 9:00 Current Events 9:30 Exercise 10:00 Music Therapy/ A&amp;C 12:30 Trivia 1:30 MARK MILLER 3:00 Bingo</p>	<p>10) 9:00 Current Events 9:30 Exercise 10:00 TAI CHI / A&amp;C 12:30 Ball Toss 1:30 ALTON 3:00 Bingo</p>	<p>11) *LAUGH YOGA* 3PM 9:00 Current Events 9:30 Exercise 10:00 CREATIVE DANCE 12:00 Music Therapy 1:30 JENNY FORD 3:00 Bingo</p>	<p>12) 9:00 Current Events 9:30 Exercise 10:00 TAI CHI 12:00 Music Therapy/ A&amp;C 1:30 JENNY FORD 3:00 Bingo</p>	<p>19) 9:00 Current Events 9:30 Exercise 10:00 TAI CHI 12:00 Music Therapy/ A&amp;C 1:30 JAPANESE DANCERS 3:00 Bingo</p>
<p>14) 9:00 Current Events 9:30 DRUMMING JEFF 10:00 ARTS&amp;CRAFTS 12:30 Trivia 1:30 DANNY ROSE 3:00 SPECIAL Bingo</p>	<p>16) 9:00 Current Events 9:30 Exercise 10:00 Music Therapy/ A&amp;C 12:30 Trivia 1:30 LOIS DENNY 3:00 Bingo</p>	<p>17) GREEN SHIRT DAY 9:00 Current Events 9:30 Exercise 10:00 TAI CHI / A&amp;C 12:30 Ball Toss 1:30 EB 3:00 Bingo St. Patrick's Day Party</p>	<p>18) *LAUGH YOGA* 3PM 9:00 Current Events 9:30 Exercise 10:00 CREATIVE DANCE 12:00 Music Therapy 1:30 MICHELLE 3:00 Bingo</p>	<p>25) *LAUGH YOGA* 3PM 9:00 Current Events 9:30 Exercise 10:00 CREATIVE DANCE 12:00 Music Therapy 1:30 JENNY FORD 3:00 Bingo</p>	<p>26) 9:00 Current Events 9:30 Exercise 10:00 TAI CHI 12:00 Music Therapy/ A&amp;C 1:30 JENNY FORD 3:00 Bingo</p>
<p>21) 9:00 Current Events 9:30 DRUMMING JEFF 10:00 ARTS&amp;CRAFTS 12:30 Trivia 1:30 BRIAN O'SHEA 3:00 SPECIAL Bingo</p>	<p>23) 9:00 Current Events 9:30 Exercise 10:00 Music Therapy/ A&amp;C 12:30 Trivia 1:30 MARK MILLER 3:00 Bingo BIRTHDAY PARTY</p>	<p>24) 9:00 Current Events 9:30 Exercise 10:00 TAI CHI / A&amp;C 12:30 Ball Toss 1:30 HAPPY HOOFEERS 3:00 Bingo</p>	<p>29) 9:00 Current Events 9:30 Exercise 10:00 CREATIVE DANCE 12:30 BRAIN TRIVIA 1:30 WINSTON 3:00 Bingo</p>	<p>30) BIRTHDAY PARTY 9:00 Current Events 9:30 Exercise 10:00 Music Therapy/ A&amp;C 12:30 Trivia 1:30 LOIS DENNY 3:00 Bingo</p>	<p>31) 9:00 Current Events 9:30 Exercise 10:00 TAI CHI / A&amp;C 12:30 Ball Toss 1:30 EB 3:00 Bingo</p>
<p>28) TELL A JOKE DAY 9:00 Current Events 9:30 DRUMMING JEFF 10:00 ARTS&amp;CRAFTS 12:30 Trivia 1:30 DANNY ROSE 3:00 SPECIAL Bingo</p>	<p>31) HAPPY BIRTHDAY Reginald R. 3/3 Frank F. 3/4 Larry M. 3/7 Gladys S. 3/13 Edilma R. 3/14 Balbina M. 3/21</p>	<p>31) Brenda O. 3/21 Beulah H. 3/21 Christopher S. 3/21 Cora N. 3/21 Blanda J. 3/21</p> 			

# LUNCH MENU

# ADULT DAY CARE CENTER OF LAS VEGAS

# MARCH 2011

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



**CHIP DIP DAY** 7)

Black Bean Soup  
Country Fried Steak  
Mashed Potato  
Green Beans  
Sliced Apples

1)  
Turkey Veggie Soup  
Baked Chicken  
Mashed Potato  
Greens  
Apple Crumb

8)

French Onion Soup  
Meatloaf  
Macaroni & Cheese  
Green Salad  
3 Bean Salad  
Apple Crumb

2)  
Corn Chowder  
Grilled Salmon  
Rice Pilaf  
Broccoli  
Glazed Pears

9)

Egg Drop Soup  
Teriyaki Chicken  
Steamed Broccoli w/  
Rice  
Melons Mix

3)  
Spinach Salad  
Italian Sausage w/  
Penne Pasta  
French Green Beans  
Mixed Melon  
Jell-o w/ Fruit

10)

Green Salad  
Chicken Fajita  
Refried beans  
Wheat Tortilla  
Spanish Rice  
Sliced Apples

4)  
Multi-Bean Soup  
Hot Tuna Melt  
Zucchini Fries  
Orange Slices

11)

Chicken Noodle Soup  
Fish Sandwich w/  
Lettuce and Tomato  
French Fries  
Jell-o w/ Fruit

5)  
Veggie Soup  
Turkey Sandwich w/  
Lettuce/Tomato  
French Fries  
Pineapple Slices

12)

Veggie Soup  
Green Salad  
Tuna Melt on Rye  
French Fries  
Orange Slices

14)

Beef Noodle Soup  
Chicken Cacciatore  
Fettuccine  
Green Salad  
Apple Slices  
**ICE CREAM DAY**

15)

Cream of Broccoli Soup  
Turkey Club Sandwich  
w/ Cheese  
Lettuce/ Tomato  
3 Bean Salad  
Pineapple

16)

Tomato Soup  
Beef Hamburger w/  
Cheese  
Lettuce and tomato  
French Fries  
Jell-o w/ Fruit

17)

**St. Patrick's Day**  
Split Pea Soup  
Corned Beef  
Cabbage  
Potatoes  
Corn Bread  
Mixed Melon

18)

Cream Potato Soup  
Hot Pastrami on Rye  
French Fries  
Green Salad  
Diced Apples

19)

Veggie Soup  
Baked Chicken  
Butter Noodles  
Potato Fries  
Green Beans  
Pineapple Slices

21)

Chicken Noodle Soup  
Herb Baked Chicken  
Rice Pilaf  
Green Salad  
Strawberry w/ Cream

22)

Turkey Noodle Soup  
Chicken Quesadilla  
w/ Vegetable  
Blacked Beans  
Sliced Peaches

23)

Veggie Soup  
Chicken Fingers  
Red Beans  
Rice  
Green Salad  
Corn Bread  
Cinnamon Apple

24)

Potato Leek Soup  
Beef Spaghetti  
Garlic Bread  
Green Beans  
Green Salad  
Sliced Kiwi

25)

Cream Spinach Soup  
Grilled Chicken Breast  
Rotini Pasta  
Green Salad  
Steamed Broccoli  
Mixed Melons

26)

Veggie Soup  
Baked Chicken  
Buttered Noodles  
Potato Fries  
Green Beans  
Pineapple Slices  
**COOKIE DAY**

28)

Cream Tomato Soup  
Roast Beef  
Mashed Potato  
Zucchini  
Green Salad  
Honey Dew Melon

29)

Turkey Noodle Soup  
Italian Meatballs  
Tortellini  
Green Salad  
Strawberries

30)

**Cake Day**  
Chicken Noodle Soup  
Filet Fish Sandwich  
Lettuce and Tomato  
Tater Tots  
Pears w/ Granola

31)

Minestrone Soup  
Beef Taco Salad  
w/ Cheese  
Lettuce and Tomato  
Spanish Rice  
Green Salad  
Peach Cobbler



**GREEN VEGGIES**

\*Improves memory and brain functioning.  
\*Stronger immune system.



**Attention: Cooks, Chefs,  
Food Enthusiasts!**



Seniors, Caregivers, Family and Friends!

# Please Submit Your Recipes!

We will publish one each month with our newsletter!  
In addition, we will publish a compilation of recipes with artwork next year!

All types of recipes welcomed – entrées, desserts, family traditions, you name it!

Please drop off your recipe with the front desk person, attention Jennifer or Dee Dee,  
at the Adult Day Care Center.

You may also email it to [admissions@nevadaseniorservices.org](mailto:admissions@nevadaseniorservices.org).



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# *Recipe of the Month*

## *Submitted by: Larconyia H. (Age: 53)*



## *Irish Vegetable Stew*

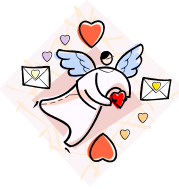
### **Ingredients:**

1 bay leaf  
1 cup of water  
2 tbsp. wine vinegar  
½ cup corn  
½ cup celery (sliced)  
½ cup broccoli florets  
½ cup carrots (sliced)  
½ cauliflorets  
¼ cup pimienta (chopped)  
salt and pepper to taste

### **Directions:**

Combine bay leaf, water, and wine vinegar in medium saucepan. Bring to a boil; add vegetables. Simmer until vegetables are tender. Drain; remove bay leaf. Add salt and pepper.

# ***“ANGEL FOOD” Their prices are heavenly!!!***



There are no restrictions, conditions or forms to fill out to purchase Angel Food. This organization purchases quality food in large quantities for substantial volume discounts. The food relief program is open to one and all. Anyone may purchase an unlimited number of boxes of Angel Food by placing an order with a local Angel Food host site. **ORDER ONLINE [www.angelfoodministries.com](http://www.angelfoodministries.com)**

Comparison shopping nationwide in various grocery stores has revealed that the average retail value of a \$31 Angel Food Box for the same food items would be approximately \$65. Generally, one box of Angel Food assists in feeding a family of four for about one week or a single senior citizen for almost a month. To better help families in need, Angel Food Ministries participates in the food stamp program.

**Food is available for pickup usually the last Saturday of the month. Orders must be purchased in advance around the 15<sup>th</sup> of the month. Credit cards may be used online; cash and food stamps may be used at one of the local locations. Call or go online for current information and menus (available in Spanish and English).**

## **Angel Food Ministries Las Vegas Locations:**

<b>Echoes of Faith Church</b>	1401 E. Washington, 89101	642-0011
<b>Home Word Bound</b>	3900 Cambridge St. 89119	985-6045 or 604.5690
<b>The Verve Foundation</b>	7850 Dean Martin Dr.# 503	425-3951
<b>Warm Springs Baptist Church</b>	2075 E. Warm Springs	361-7070
<b>Angel Food Ministries</b>	Toll Free Number	877-366-3646



# MARCH 2011 MENU

Easter Holiday Boxes (S-5) now available for preorder. Order now thru April's deadline and receive during normal April distribution. Please see our website for limited online-only specials.

## B2 - Bit O' Blessing Box

Quantities are Limited. Orders filled on a first come, first serve basis.

- 2 lb. Chicken Stir Fry
- 2 lb. Chicken Fettuccini Alfredo
- 2 lb. Lasagna
- 1.5 lb. Meatballs
- 1 lb. Ground Beef
- 24 oz. French Fries
- 1 lb. Veggie Blend
- 1 lb. Green Beans
- 1 lb. Frozen Mango

\$21.00\*

## B4 - Fast & Flavorful Cuisine

Convenience meals great for seniors and people on the go!

- White Chicken Fettuccini Alfredo
- Spaghetti and Meatballs in Marinara Sauce
- Fish Sticks
- Salisbury Steaks
- Chicken Chow Mein
- Turkey and Gravy over Bread Dressing
- Boneless Pork Patty with Barbecue Sauce
- Beef Stew
- Meatball Stroganoff
- White Chicken and Penne

\$28.00\*

specific meal details can be found at [www.angelfoodministries.com](http://www.angelfoodministries.com)

## B6 - Just 4 Me After School Box

An assortment of child-friendly snacks. Great for after school or any time.

- 2 lb. Fully Cooked Breaded Chicken Pieces
- 1.5 lb. Corn Dogs
- 10 oz. Mac & Cheese
- 16 oz. String Cheese
- 8 oz. Pocket Sandwich (2 x 4 oz.)
- 4 ea. (2.8 oz.) Peanut Butter and Jelly Jamwich
- 4 ea. (4 oz.) Mini Stuffed Sandwiches
- 6.5 oz. Cheese or Pepperoni Pizza
- 3 oz. Grilled Cheese Sandwich
- 1 ea. (3.4 oz.) Watermelon Italian Ice
- 1 ea. (3.2 oz.) Raspberry Fruit Juice Sherbet

\$24.00\*

## B8 - Just 4 Me After School Fruit and Veggie Box

- 3 ea. Red Apples
- 3 ea. Green Apples
- 3 ea. Pears
- 3 ea. Navel Oranges
- 1 ea. Stalk, Sleeved Celery
- 1 lb. Mini Peeled Carrots
- 3 ct. Fruit Juice (Mixed Flavors)
- 8 oz. Trail Mix
- 3 oz. Dried Cranberries with Honey Roasted Almonds

\$16.00\*

Angel Food Ministries Reserves the Right to Substitute Any Items Due to Availability, Cost and Quality. We Accept Food Stamps (EBT). Angel Food Ministries is an equal opportunity provider and employer. Complaints of discrimination should be sent to USDA, Director, Office of Civil Rights, Washington, DC 20250-9410

## B1 - Bread of Life Signature Box

Balanced nutrition and variety with enough food to help feed a family of four for about a week.

- 3 lb. (avg.) Split Chicken Breast
- 2 lb. IQF Flounder Fillets
- 2 lb. Ham Chowder
- 3 lb. IQF Chicken Drumsticks
- 1.5 lb. Boneless Pork Chops
- 1 lb. 80/20 Lean Ground Beef
- 1 lb. Ground Chicken
- 1 lb. Peas
- 1 lb. Green Beans
- 1 lb. Carrots
- 1 lb. Pasta
- 25 oz. Pasta Sauce
- 8 ct. Flour Tortillas
- 1 pk. Taco Seasoning
- 7 oz. Corn Muffin Mix
- 10 ct. Instant Oatmeal (2 x 5 ct. boxes)
- 32 oz. 2% Shelf-stable Milk
- 1 dz. Eggs
- Dessert

\$31.00\*

## GLUTEN FREE!†

### B5 - Allergen Free Food Box

- 1 lb. Breaded Chicken Breast Nuggets
- 1 lb. Breaded Chicken Tenderloins
- 1 lb. Breaded Breast Fillet Patties
- 1 lb. Breaded Boneless Chicken Wings
- 1 lb. Breaded Cubed Steak

\$25.00\*

†Please see our website for other allergen facts.

## B7 - Just 4 Me No Child Goes Without

"Blessing America's Children, one Box at a Time"

- 10 ct. Instant Oatmeal (2 x 5 ct. Boxes)
- 7.5 oz. Beans & Wieners
- 7.5 oz. Cheezy Mac 'n Cheese
- 7.5 oz. Mini Beef Ravioli
- 7.5 oz. Spaghetti and Mini Meatballs
- 7.5 oz. Noodle Rings & Chicken
- 7.5 oz. Cheezy Mac 'n Franks
- 7 ea. Cereal Bowls (.75 oz. ea.)
- 1 ea. Peanut Butter (12 oz.)
- 1 ea. Pure Honey (12 oz.)
- 1 ea. Chunk Lite Tuna in Water (.5 oz.)
- 1 ea. All White Chicken (.5 oz.)
- 6 pk. Apple Sauce
- 5 ea. Granola Bars (.25 oz. ea.)
- 32 oz. Shelf-Stable 2% Milk

\$24.00\*

## NEW! B9 - Pastor Joe's Premium Box

- 40 oz. Angus Sirloin Steaks (4 x 10 oz.)
- 1.5 lb. Large Breaded Oven Ready Butterfly Shrimp
- 2 lb. Angus Steak Burgers (4 x 8 oz.)
- 24 oz. Frozen Steak Fries
- 1 lb. Frozen Green Beans
- 1 (8 ct. pk.) Frozen Corn on the Cobb
- 1 lb. Frozen Broccoli Florets
- 1 lb. Frozen Cauliflower Florets
- 1 lb. Frozen Green Peas

\$51.00\*

\*all prices are plus sales tax where applicable

## B3 - Bountiful Blessing Box

- 3 lb. (avg.) Split Chicken Breast
- 2 lb. IQF Flounder Fillets
- 2 lb. Ham Chowder
- 2 lb. Beef Stir Fry Meal
- 3 lb. IQF Chicken Drumsticks
- 2 lb. Lasagna
- 1.5 lb. Hamburger Patties (4 x 6 oz.)
- 1.5 lb. Boneless Pork Chops
- 1 lb. 80/20 Lean Ground Beef
- 1 lb. Ground Chicken
- 2 lb. Tomato Basil Soup
- 1 lb. Peas
- 1 lb. Green Beans
- 1 lb. Carrots
- 1 lb. Pasta
- 25 oz. Pasta Sauce
- 8 ct. Flour Tortillas
- 1 pk. Taco Seasoning
- 7 oz. Corn Muffin Mix
- 6.9 oz. Beef Flavored Rice & Vermicelli
- 7 oz. Raspberry Muffin Mix
- 10 ct. Instant Oatmeal (2 x 5 ct. boxes)
- 32 oz. 2% Shelf-stable Milk
- 1 dz. Eggs
- Dessert

\$41.00\*

### S1 - MARCH SPECIAL #1

\$25.00\*

#### 4 lb. Steak Special

- 2 lb. New York Strip Steaks (4 x 8 oz.)
- 2 lb. Ribeye Steaks (4 x 8 oz.)

### S2 - MARCH SPECIAL #2

\$17.00\*

#### 10 lb. Popcorn Chicken Special

- 10 lbs. Breaded Popcorn Chicken

### S3 - MARCH SPECIAL #3

\$23.00\*

#### Premium Fresh Fruit and Veggie Box

- 1 head Iceberg Cello Lettuce
- 1 head Green Cabbage
- 1 lb. Cello Carrots
- 4 Large Baking Potatoes
- 3 lb. bag Sweet Potatoes
- 2 lb. bag Yellow Onions
- 1 Golden Ripe Pineapple
- 1 Cantaloupe
- 1 lb. Red Seedless Grapes
- 4 California Lemons
- 16 oz. Salad Dressing
- 1 bag Salad Croutons
- AFM Fruit and Veggie Recipe Sheet

### S5 - MARCH SPECIAL #5

\$36.00\*

#### Easter Holiday Box

- 7.5 lb. (avg.) All Natural Perdue Roasting Hen
- 3 lb. Boneless Netted Pork Roast
- 72 oz. (8 ct.) Premium Twice Baked Potatoes (Idaho Russet Potatoes with Applewood Smoked Bacon, Cheddar Cheese, Sour Cream, Butter & Chives)
- 2 lb. Green Beans
- 12 ct. Mini Corn Cobettes
- 12 oz. Cornbread Stuffing Mix (2 x 6 oz. pkg.)
- 1.7 oz. Brown Gravy Mix (2 x .87 oz. = 2 c. gravy)
- 12 ct. Whole Wheat Dinner Rolls
- 2 lb. 5 oz. Mrs. Smith's Apple Raisin Spice Pie Recipe and Cooking Instructions

**Orders Due/Distribution Day:** Contact Your Local Host Site

\*Please contact your local host site for information or visit our website to locate a host site near you [www.angelfoodministries.com](http://www.angelfoodministries.com)



information@adultdaycarelv.org

Dedicated to Community Living with Independence  
and Dignity

# *Adult Day Care Center of Las Vegas*

*Lied/Sinai Senior Care Campus*

## FREE SUPPORT GROUPS

For those caring for someone suffering from  
Alzheimer's disease or other Dementia

Monthly - 1st Wednesday (5:30-6:30pm)  
2<sup>nd</sup> Wednesday (10:00-11:00am)

*Hosted by:*

**Adult Day Care Center of Las Vegas**  
901 N. Jones Blvd., Las Vegas, NV 89108

*Group Leader:*

**Diane Hart, LCSW**

### SUPPORT - LEARN - GROW

## Call 648-3425 to RSVP

\*FREE Supervision for your loved-one while you attend the Support Group

[www.adultdaycarelv.org](http://www.adultdaycarelv.org)



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# SUPER SATURDAYS!



**JUST A REMINDER:**  
**THE ADULT DAYCARE CENTER OF LAS VEGAS**  
**WILL BE OPEN ON ALL SATURDAYS IN THE**  
**MONTH OF MARCH: HOURS WILL BE**  
**8:00AM – 6:00PM. YOU WON'T WANT TO MISS**  
**OUT! SO PLEASE RESERVE YOUR SPOT TODAY**  
**WITH JENNIFER, DEE DEE OR MARISELA!!**

**~Thank You,  
Staff at Adult Day Care Center of LV**