



MONTHLY NEWSLETTER
MARCH 2009

It's beginning to look a lot like spring at The Adult Day Care Center of Las Vegas. March is one of the most beautiful times of the year. We are inspired by the greenery that shapes this special month. The atmosphere of our Center will be full of luck and none will be green with envy as we continue to offer the activities our participants enjoy including: Daily exercise programs, Chair Yoga, Tai Chi, Music Therapy, Organic Gardening, Bingo competitions, Arts & Crafts and live entertainment every afternoon. As always, you are invited to join us as we enjoy the pots of gold, lucky leprechauns, and celebrate MARCH.



HIGHLIGHTS FROM FEBRUARY

February highlighted the heart! The Valentine's Day Celebration was quite special with entertainment by Jenny Ford Jazz pianist. A Special THANK YOU! to the Las Vegas Volunteering and Inspiration Group. They brought treats and bingo gifts for all at the Valentine's Day party. Everyone had a wonderful time. If you think you missed the opportunity to buy our Senior Art Calendars, you didn't. They are still on sale for \$15 and are very beautiful. Attention! Cooks, Chefs, and Food Enthusiasts! Please don't forget to submit your recipes. See attached flyer for details.

NEW ARRIVALS

We are pleased to welcome the new participants who became a part our Center family in February: Clara Schwartz, Jackie Cox, Margaret Mageau, Martha Wheeler, Praxedes Ruiz, and William(Bill) Drazga.

CLOSURES

There are no closures in the month of March.

GET PLUGGED IN!

There is a wonderful computer *lab* here at the Center. It is located in the Quiet Room adjacent to the arts & crafts department. The software suits all needs from novice to pro-surfers with its vast technology and is open for use to our clients.





Happy St.Patrick's Day !

EVENTS IN MARCH

Saturdays Are Special! We will be open every Saturday in the month of March. We would like everyone to join us for Chair Yoga on Mondays at 10:00am, Tai Chi on Tuesdays at 10:00am, and Music Therapy on Wednesdays at 10:00am. Caregivers as always are invited. Also, Chef Bonnie Mankoff's (executive chef of the Luxor Hotel), "Flavors in Harmony" on March 10th and 24th. Our St. Patrick's Day Party will be Tuesday, March 17th. We would like for everyone to wear GREEN. Be on the look out for some special surprise events throughout the month. If these are not your regularly scheduled days, we would still love to see you here.

GETTING SCENT-IMENTAL

The new Aromatherapy scent for the month of March is Lavender. It is said to relieve stress, bring inner calm and peace, enhance inner awareness, facilitate stability and is also good for headaches.

SEE WHAT'S IN BLOOM!

Our vegetable garden continues to grow and give us continual edible delights for our meals at the Center.





JUST A FRIENDLY REMINDER

Dog therapy will take place on the 2nd and 4th Friday of the Month, March 13th and the 27th. Also, look out! It's a bird; it's a plane, it's Dusty the Wonder Dog who will be appearing this month as well.

DON'T FORGET! YOU CAN STILL PURCHASE ARTWORK FROM OUR TALENTED SENIORS. ALL PROCEEDS WILL BENEFIT THE ARTS AND CRAFTS DEPARTMENT AT THE CENTER. SO COME OVER AND BE A PROUD OWNER OF ONE-OF-A-KIND ART PIECE.



HAPPY BIRTHDAY

Our birthday party will be held on the 4th Wednesday of the month, March 25th, 2009. Our March celebrants are Anna Nolan (3/5), Larry Miller (3/7), Bertha Williams (3/11), Isaac Logan (3/12), Gladys Smith (3/13), Terry Poss (3/13), Edilmia Rivera (3/14), Frances Lenox (3/16), Stephen Weaver (3/16), Bea Hallstrom (3/24), Wanda Howard (3/26), and Blanda Jones (3/30). Entertainment will be provided and birthday treats will be served as well.

SUPPORT GROUP

Our ongoing support group meetings are held on the 2nd Wed of the month at 10:00 AM. March 11th is the next meetings and everyone is welcome to attend!



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THANK YOU!

Heartfelt thanks on behalf of the Adult Day Care Center of Las Vegas for your continued support. A special Thank You to everyone who went above and beyond donating under pads, depends, etc. Your kindness and generosity are truly a blessing to our Center. Remember, our doors are always open to you and your family members' needs. Our hardworking aides, social workers and helpful nurses are always available to give their undivided attention to any and all matters that may arise while your family member is here at our Center.

Dee Dee Woodberry

Activities Director

