

Adult Day Care Center of Las Vegas
901 N. Jones Boulevard
Las Vegas, NV 89108
702.648.3425
Fax: 702.648.1408



Adult Day Care Center of Henderson
1201 Nevada State Drive
Henderson, NV 89002
702.368.2273
Fax: 702.243.2273



Happy Valentine's Day
MONTHLY NEWSLETTER
FEBRUARY 2011

LOVE IS IN THE AIR!. The Adult Day Care Center of Las Vegas (ADCCLV) welcomes February. Valentine's Day is the heart of the month. Our Center staff shares their heart, spirit, courage and enthusiasm in the love we have for our participants and each other. The Las Vegas Center responds to the important mission of supporting senior citizens in their efforts to remain independent, with dignity in the community. Our Center will continue to offer the fun activities that our participants enjoy, including: A daily exercise program, Chair Yoga, Tai Chi, Music Therapy, Brain Dance, Creative Dance, Organic Gardening, Laugh Yoga, Bingo competitions, Arts & Crafts and live entertainment every afternoon. Please join us in this loving spirit as we celebrate the month of FEBRUARY.



HIGHLIGHTS FROM JANUARY

January began with a bang! The New Year's Celebration was simply marvelous. We were royally entertained by Mark Miller extraordinaire. He is well loved by both our seniors and staff. If you missed your opportunity to buy our Senior Art Calendars, you didn't. They are still on sale for \$10 and they are quite beautiful. Our Art Day was a big hit. Our seniors moved their paint brushes and produced beautiful Martin Luther King masterpieces. Our Hug Day was fantastic. Thanks for all the hugs. We would like to Thank MGM Grand Hotel who honored all our seniors with beautiful flowers. To cap the month off, a BIG THANK YOU! to Faith Lutheran Middle School students who rocked the house with smiles, puzzling and painting. Our seniors danced, laughed, clapped and just grooved to Michael Jackson music. Everyone had a good time.

NEW ARRIVALS

We are pleased to welcome the new participants who became a part our Center family in January: Adele C. and Grace R.

CLOSURES

There are no closures in the month of FEBRUARY.

GET PLUGGED IN!

There's a computer *lab* here at the Center. It is located in the Quiet Room by the arts & crafts department and the software suits all of your needs with its vast technology.

DID YOU KNOW?

In the Middle Ages, it was believed that the first unmarried person of the opposite sex you met on the morning of St. Valentine's Day would become your spouse.





EVENTS IN FEBRUARY

Saturdays Are Special! Try not to miss the fun activities on Saturdays. We would also like everyone to join us for Chair Yoga on Mondays at 10:00 am, Tai Chi on Thursdays and Saturdays at 10:00 am, Music Therapy every Wednesday at 10:00am, Creative Dance is on Tuesdays and Fridays at 10:00 am and our newest edition, Laugh Yoga at 3:00pm every other Friday. Caregivers are invited. Please don't miss Chef Bonnie Mankoff's (executive chef of the Luxor Hotel) "Flavors in Harmony" on February 8th and 22nd. Please don't forget to submit your recipes! See attached flyers for details. Our Valentine's Day Party will be on Friday, February 14th. We ask everyone to wear **RED**, the energy color of love. Be on the look-out for some special surprise events throughout the month.

GETTING SCENT-IMENTAL

A new aromatherapy scent, Chamomile, which helps one to relax and enjoy this month full of love, will be the aromatic of choice as we continue with our aromatherapy series.

SEE WHAT'S IN BLOOM!

Our vegetable garden is dormant for the winter. We will replant in the spring.



**DON'T FORGET! YOU CAN STILL PURCHASE
ARTWORK FROM OUR TALENTED SENIORS. ALL
PROCEEDS WILL, AS ALWAYS, BENEFIT THE ARTS
AND CRAFTS DEPARTMENT. BE A PROUD OWNER OF
ONE-OF-A-KIND ART MASTERPIECE.**



HAPPY BIRTHDAY

Our birthday party will be held on the 4th Wednesday of the month, February 23rd. 2011. Our February celebrants are Dennis B. (2/2), Inez H. (2/7), Mary G.(2/12), (2/19), Ellen J. (2/21), Mike V. G.(2/24) and Kenard W. (2/27) Sabina D. (2/27). Entertainment will be provided and birthday treats will be served as well.

SUPPORT GROUP

Our ongoing support group meetings are held on the 2nd Wednesday of the month at 10:00 AM. February 9th is the next meeting and everyone, as always, is welcome to attend!





ATTENTION CAREGIVERS

We have started an evening support group on the 1st Wednesday of every month please see attached flyer for more details on caregiver support programs and community forums.



THANK YOU!

On behalf of our entire family of caring professionals here at The Adult Day Care Center of Las Vegas, we would like to thank you for being an important and appreciated part of our Center. As we continue to strive to make our Center a place of caring and fun for all our participants, always remember our doors are always open to you and your family members needs. Thank you for choosing us!

Dee Dee Woodberry

Activities Director



LUNCH MENU
MONDAY

ADULT DAY CARE CENTER OF LAS VEGAS
TUESDAY

WEDNESDAY

THURSDAY

FEBRUARY 2011
FRIDAY

**WE
LOVE
YOU!!**

<p>Cheddar Potato Soup Turkey Spaghetti Casserole Mixed Veggie Green Salad Orange Slices</p>	<p>1) Beef Barley Soup Southwest turkey wrap w/ lettuce & tomatoes Potato Salad Cottage Cheese w/ Peaches</p>	<p>2) *Ice Cream Day* Chicken Noodle Soup House Salad Lemon Baked Fish Herb Roasted potatoes Yogurt fruit parfait</p>	<p>3) Cream of Broccoli Soup Chicken Fingers French Fries Classic Caesar Salad Banana Pudding</p>	<p>4) Gumbo Soup Fried Chicken Drumette Pizza Slice House Salad</p>
<p>7) Cobb Salad Roast Turkey Breast Mashed Potato w/ Gravy Green Beans Cranberries Orange Slices</p>	<p>8) Lentil Soup Garlic Chicken Rice Pilaf Sautéed Vegetables Pineapple Slices *FLAVORS N HARMONY*</p>	<p>9) Cream of Spinach Soup Beef Stew Steamed Rice Cornbread Jell-o w/ fruit</p>	<p>10) *Cookie Day* B-B-Que Chicken Dirty Rice Baked Beans Green Salad Cantaloupe</p>	<p>11) Chicken Noodle Soup Fish Fry French Fries Green Salad Cinnamon Apples</p>
<p>14) *Valentine's Party* Steak Baked Potato Green Bean House Salad Strawberry Cake</p>	<p>15) *Mardi Gras Party* Bayou Blacken Catfish Cajun Rice Corn Green Salad Cinnamon Apples</p>	<p>16) Split Pea Soup Tuna Melt on Rye Tater Tots Garden Salad Fruit Cocktail</p>	<p>17) Beef Vegetable Soup Turkey Salisbury Steak Mashed Potato w/ Gravy Peas & Carrots Sliced Pears</p>	<p>18) Chili Bean Soup Beef Taco w/ lettuce tomato and cheese Spanish Rice Churros w/ Apple</p>
<p>21) Cobb Salad Roast Turkey Breast Mashed Potato w/ Gravy Green Beans Cranberries Orange Slices</p>	<p>22) Corn Chowder Baked Fish Macaroni & Cheese Peas & Carrots Fruit Cocktail *FLAVORS N HARMONY*</p>	<p>23) *Birthday Lunch* Chicken w/ Rice Tuna Salad Sandwich w/ lettuce & tomato Potato Chips Jell-o w/ fruit *Cake Day*</p>	<p>24) Cream of Potato Soup Chicken Parmesan Baked Ziti Squash & Zucchini Apple Granola</p>	<p>25) Vegetable Soup Beefy Sloppy Joe w/ cheese on a bun Fries Sliced Peaches</p>
<p>28) French Onion Soup Grilled Ham & Cheese Macaroni Salad Peas & Carrots Fruit Salad</p>	<p style="text-align: center;">HAPPY VALENTINE'S DAY LOVE IS IN THE AIR</p>  <p style="text-align: center;">An Apple A Day Doctor Away...</p> 			

ACTIVITY CALENDAR

MONDAY

TUESDAY

WEDNESDAY


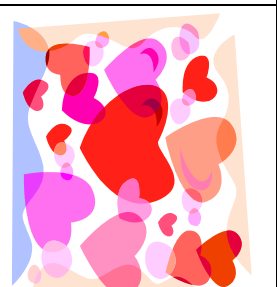
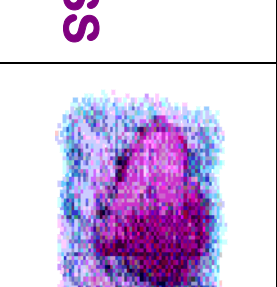
THURSDAY

FRIDAY

SATURDAY

ADULT DAY CARE CENTER OF LAS VEGAS

FEBRUARY 2011

	<p>1) 9:00 Current Events 9:30 Exercise 10:00 CREATIVE DANCE 12:30 BRAIN TRIVIA 1:30 WINSTON 3:00 Bingo NATURE W/ JANICE</p>	<p>2) 9:00 Current Events 9:30 Exercise 10:00 Music Therapy/ A&C 12:30 Trivia 1:30 LOIS DENNY 3:00 Bingo</p>	<p>3) 9:00 Current Events 9:30 Exercise 10:00 TAI CHI / A&C 12:30 Ball Toss 1:30 DANNY ROSE 3:00 Bingo *HEARTS & FLOWERS DAY*</p>	<p>4) *LAUGH YOGA* 3PM 9:00 Current Events 9:30 Exercise 10:00 ARTS&CRAFTS 12:00 Music Therapy 1:30 DON FRIEND 3:00 Bingo</p>	<p>5) 9:00 Current Events 9:30 Exercise 10:00 TAI CHI 12:00 Music Therapy/ A&C 1:30 MICHELLE 3:00 Bingo</p>
<p>7) 9:00 Current Events 9:30 Chair Yoga 10:00 ARTS&CRAFTS 12:30 Trivia 1:30 BRIAN O'SHEA 3:00 SPECIAL Bingo</p>	<p>8) 9:00 Current Events 9:30 Exercise 10:00 CREATIVE DANCE 12:30 BRAIN TRIVIA 1:30 BOBBY 3:00 Bingo</p>	<p>9) 9:00 Current Events 9:30 Exercise 10:00 Music Therapy/ A&C 12:30 Trivia 1:30 MARK MILLER 3:00 Bingo *LAUGH DAY*</p>	<p>10) 9:00 Current Events 9:30 Exercise 10:00 TAI CHI / A&C 12:30 Ball Toss 1:30 ALTON 3:00 Bingo</p>	<p>11) *LAUGH YOGA* 3PM 9:00 Current Events 9:30 Exercise 10:00 ARTS&CRAFTS 12:00 Music Therapy 1:30 JENNY FORD 3:00 Bingo</p>	<p>12) 9:00 Current Events 9:30 Exercise 10:00 TAI CHI 12:00 Music Therapy/ A&C 1:30 JENNY FORD 3:00 Bingo</p>
<p>*RED SHIRT DAY* 14) 9:00 Current Events 9:30 Chair Yoga 10:00 ARTS&CRAFTS 12:30 Trivia 1:30 EB 3:00 SPECIAL Bingo *VALENTINE PARTY*</p>	<p>15) 9:00 Current Events 9:30 Exercise 10:00 CREATIVE DANCE 12:30 BRAIN TRIVIA 1:30 WINSTON 3:00 Bingo</p>	<p>16) 9:00 Current Events 9:30 Exercise 10:00 Music Therapy/ A&C 12:30 Trivia 1:30 LOIS DENNY 3:00 Bingo</p>	<p>17) 9:00 Current Events 9:30 Exercise 10:00 TAI CHI / A&C 12:30 Ball Toss 1:30 J&J SINGING TEAM 3:00 Bingo</p>	<p>18) *LAUGH YOGA* 3PM 9:00 Current Events 9:30 Exercise 10:00 ARTS&CRAFTS 12:00 Music Therapy 1:30 EB 3:00 Bingo *MAKE A FRIEND*</p>	<p>19) 9:00 Current Events 9:30 Exercise 10:00 TAI CHI 12:00 Music Therapy/ A&C 1:30 MICHELLE 3:00 Bingo</p>
<p>21) 9:00 Current Events 9:30 Chair Yoga 10:00 ARTS&CRAFTS 12:30 Trivia 1:30 BRIAN O'SHEA 3:00 SPECIAL Bingo</p>	<p>22) 9:00 Current Events 9:30 Exercise 10:00 CREATIVE DANCE 12:30 BRAIN TRIVIA 1:30 ALTON 3:00 Bingo</p>	<p>23) 9:00 Current Events 9:30 Exercise 10:00 Music Therapy/ A&C 12:30 Trivia 1:30 MARK MILLER 3:00 Bingo *BIRTHDAY PARTY*</p>	<p>24) 9:00 Current Events 9:30 Exercise 10:00 TAI CHI / A&C 12:30 Ball Toss 1:30 HAPPY HOOFEERS 3:00 Bingo</p>	<p>25) *LAUGH YOGA* 3PM 9:00 Current Events 9:30 Exercise 10:00 ARTS&CRAFTS 12:00 Music Therapy 1:30 JENNY FORD 3:00 Bingo *LOVE DAY*</p>	<p>26) 9:00 Current Events 9:30 Exercise 10:00 TAI CHI 12:00 Music Therapy/ A&C 1:30 JENNY FORD 3:00 Bingo</p>
<p>28) 9:00 Current Events 9:30 Chair Yoga 10:00 ARTS&CRAFTS 12:30 Trivia 1:30 DANNY ROSE 3:00 SPECIAL Bingo</p>	<p>HAPPY BIRTHDAY!</p>	<p>Dennis B. 2/2 Inez H. 2/7 Mary G. 2/12 Ellen J. 2/21 Mike V. 2/24 Kenard W. 2/27 Sabina D. 2/27</p>		<p>LOVE AND HAPPINESS</p>	

Adult Day Care Center of Las Vegas
901 N. Jones Boulevard
Las Vegas, NV 89108
702.648.3425
Fax: 702.648.1408



Adult Day Care Center of Henderson
1201 Nevada State Drive
Henderson, NV 89002
702.368.2273
Fax: 702.243.2273

Recipe of the Month

Submitted by: Carla F. (Age: 59)



Italian Sausage Rigatoni

Ingredients:

- 1 pkg. (19.76) Johnsonville Italian Mild Sausage Links, grilled and coin sliced
- 1 pkg. rigatoni pasta
- 3 tbsp. olive oil
- 2 cloves garlic, minced
- 1 large red pepper, chunked and sautéed
- 1 jar (26 oz.) of your favorite pasta sauce
- 2 tbsp. parsley, chopped

Directions:

Cook sausage according to package directions, keep warm. Cook the rigatoni according to directions, keep warm. In a large pan, place olive oil and garlic, sauté lightly for 30 seconds. Add peppers and cook until crisp-tender. Combine cooked sausage and pasta sauce with peppers and heat until warm. Mix with the pasta or serve separately. Top with fresh parsley. Serve warm.

**Attention: Cooks, Chefs,
Food Enthusiasts!**



Seniors, Caregivers, Family and Friends!

Please Submit Your Recipes!

We will publish one each month with our newsletter!
In addition, we will publish a compilation of recipes with artwork next year!

All types of recipes welcomed – entrées, desserts, family traditions, you name it!

Please drop off your recipe with the front desk person, attention Jennifer or Dee Dee,
at the Adult Day Care Center.

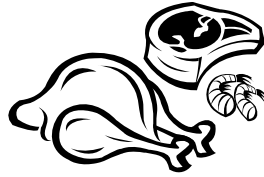
You may also email it to admissions@nevadaseniorservices.org.



Adult Day Care Center of Las Vegas
901 N. Jones Boulevard, Las Vegas, NV 89108 Phone: (702) 648-3425 Fax: (702) 648-1408

Adult Day Care Center of Henderson
1201 Nevada State Drive, Henderson, NV 89002 Phone: (702) 368-CARE (2273) Fax: (702) 243-CARE (2273)

“ANGEL FOOD” Their prices are heavenly!!!



There are no restrictions, conditions or forms to fill out to purchase Angel Food. This organization purchases quality food in large quantities for substantial volume discounts. The food relief program is open to one and all. Anyone may purchase an unlimited number of boxes of Angel Food by placing an order with a local Angel Food host site. **ORDER ONLINE www.angelfoodministries.com**

Comparison shopping nationwide in various grocery stores has revealed that the average retail value of a \$31 Angel Food Box for the same food items would be approximately \$65. Generally, one box of Angel Food assists in feeding a family of four for about one week or a single senior citizen for almost a month. To better help families in need, Angel Food Ministries participates in the food stamp program.

Food is available for pickup usually the last Saturday of the month. Orders must be purchased in advance around the 15th of the month. Credit cards may be used online; cash and food stamps may be used at one of the local locations. Call or go online for current information and menus (available in Spanish and English).

Angel Food Ministries Las Vegas Locations:

Echoes of Faith Church	1401 E. Washington, 89101	642-0011
Home Word Bound	3900 Cambridge St. 89119	985-6045 or 604.5690
The Verve Foundation	7850 Dean Martin Dr.# 503	425-3951
Warm Springs Baptist Church	2075 E. Warm Springs	361-7070
Angel Food Ministries	Toll Free Number	877-366-3646



FEBRUARY 2011 MENU

B2 - Bit O' Blessing Box

Quantities are Limited. Orders filled on a first come, first serve basis.

- 3 lbs. Birds Eye Steamfresh Meals (2 x 24 oz. pkgs.)
- 2 lbs. IQF Boneless Skinless Chicken Breasts
- 2 lbs. Breaded Chicken Breast Bites
- 1 lb. 80/20 Ground Beef
- 1 lb. Pinto Beans
- 1 lb. Green Beans
- 20 oz. Shoestring Fries
- 7.5 oz. Skillet Meal
- 4 ea. Honey Buns

\$21.00

(plus sales tax where applicable)

B4 - Fast & Flavorful Cuisine

Convenience meals great for seniors and people on the go!

- Fettuccini Alfredo
- Fish Sticks
- Roasted White Chicken
- Sweet and Sour Pork
- White Chicken Tetrastini
- Pot Roast with Vegetables
- White Chicken Cacciatore
- Country Steak with Gravy
- BBQ White Chicken
- White Chicken and Gravy

\$28.00

(plus sales tax where applicable)

*specific meal details can be found at www.angelfoodministries.com

GLUTEN FREE!*

B5 - Allergen Free Food Box

- 1 lb. Breaded Chicken Breast Nuggets
- 1 lb. Breaded Chicken Tenderloins
- 1 lb. Breaded Breast Fillet Patties
- 1 lb. Breaded Boneless Chicken Wings
- 1 lb. Breaded Cubed Steak

\$25.00

*Please see our website for other allergen facts. (plus sales tax where applicable)

B6 - Just 4 Me After School Box

An assortment of child-friendly snacks. Great for after school or any time.

- 2 lbs. Fully Cooked Breaded Chicken Breast Pieces
- 1.5 lbs. Mini Corn Dogs
- 4 ea. 2.8 oz. Peanut Butter and Jelly Jamwich
- 2 ea. 10 oz. Fully Cooked Mac & Cheese Pouches
- 2 ea. 3 oz. Grilled Cheese Sandwich
- 1 pk. CN Twin Breaded Chicken Sandwiches
- 1 pkg. Pizza Bites
- 2 pkgs. PB&J Graham Cracker Wafers
- 1 pkg. 4.75 oz. Pancakes & Sausage
- 2 ea. 3.4 oz. Watermelon Italian Ice
- 2 ea. 3.2 oz. Raspberry Fruit Juice Sherbet

\$24.00

(plus sales tax where applicable)

B1 - Bread of Life Signature Box

Balanced nutrition and variety with enough food to help feed a family of four for about a week.

- 2 lbs. Hamburger Steaks (4 x 8 oz.)
- 2 lbs. IQF Boneless Skinless Chicken Breast Fillets
- 2 lbs. Macaroni & Beef Entrée
- 1 lb. Boneless Pork Chops (4 x 4 oz.)
- 1 lb. 80/20 Ground Beef
- 1 lb. Bake or Fry Crunchy Fish Bites
- 1 lb. Smoked Sausage
- 1 lb. Corn
- 1 lb. Green Beans
- 1 lb. Sugar Snap Peas & Carrots
- 14.1 oz. Diced Tomatoes
- 1 lb. Kidney Beans
- 1 pkt. Chili Seasoning Mix
- 8 oz. Buttermilk Biscuit Mix
- 10 ct. Instant Oatmeal (2 x 5 ct. boxes)
- 32 oz. Shelf-Stable 2% Milk
- 1 dz. Eggs
- 8 oz. Chocolate Chip Cookie Mix

\$31.00

(plus sales tax where applicable)

B7 - Just 4 Me No Child Goes Without

"Blessing America's Children, one Box at a Time"

- 10 ct. Instant Oatmeal (2 x 5 ct. Boxes)
- 7.5 oz. Beans & Wieners
- 7.5 oz. Cheezy Mac 'n Cheese
- 7.5 oz. Mini Beef Ravioli
- 7.5 oz. Spaghetti and Mini Meatballs
- 7.5 oz. Noodle Rings & Chicken
- 7.5 oz. Cheezy Mac 'n Franks
- 7 ea. Cereal Bowls (.75 oz. ea.)
- 1 ea. Peanut Butter (12 oz.)
- 1 ea. Pure Honey (12 oz.)
- 1 ea. Chunk Lite Tuna in Water (.5 oz.)
- 1 ea. Valley Fresh All White Chicken (.5 oz.)
- 6 pk. Applesauce
- 5 ea. Granola Bars (.25 oz. ea.)
- 32 oz. Shelf-Stable 2% Milk

\$24.00

(plus sales tax where applicable)

B8 - Just 4 Me After School Fruit and Veggie Box

- 3 ea. Red Apples
- 3 ea. Granny Smith Apples
- 3 ea. Navel Oranges
- 3 ea. Pears
- 6-pk Applesauce
- 6-pk. Raisins
- 1 lb. Mini CA Cello Carrots
- 1 ea. Stalk, CA Sleeved Celery
- 3 ct. Microwave Popcorn

\$16.00

(plus sales tax where applicable)

Angel Food Ministries Reserves the Right to Substitute Any Items Due to Availability, Cost and Quality. We Accept Food Stamps (EBT). Angel Food Ministries is an equal opportunity provider and employer. Complaints of discrimination should be sent to USDA, Director, Office of Civil Rights, Washington, DC 20250-9410

B3 - Bountiful Blessing Box

- 2 lbs. Hamburger Steaks (4 x 8 oz.)
- 2 lbs. IQF Boneless Skinless Chicken Breast Fillets
- 2 lbs. Macaroni & Beef Entrée
- 2 lbs. Breaded Chicken Breast Chunks
- 1.5 lbs. Fully Cooked Salisbury Steaks (8 x 3 oz., without gravy)
- 1.5 lbs. (avg.) Tyson Natural Chicken Breast Tenderloins
- 1 lb. Boneless Pork Chops (4 x 4 oz.)
- 1 lb. 80/20 Ground Beef
- 1 lb. Bake or Fry Crunchy Fish Bites
- 1 lb. Smoked Sausage
- 2 lbs. Cream of Broccoli Soup
- 2 lbs. Tomato Basil Soup
- 24 oz. Natural Cut Fries
- 1 lb. Corn
- 1 lb. Green Beans
- 1 lb. Sugar Snap Peas & Carrots
- 14.1 oz. Diced Tomatoes
- 1 lb. Kidney Beans
- 1 pkt. Chili Seasoning Mix
- 8 oz. Buttermilk Biscuit Mix
- 7 oz. Apple Cinnamon Muffin Mix
- 10 ct. Instant Oatmeal (2 x 5 ct. boxes)
- 32 oz. Shelf-Stable 2% Milk
- 1 dz. Eggs
- 8 oz. Chocolate Chip Cookie Mix

\$41.00

(plus sales tax where applicable)

S1 - FEBRUARY SPECIAL #1 \$25.00*

- 4 lb. Steak Special**
4 lbs. Black Angus Sirloin Steaks (8 x 8 oz.)

S2 - FEBRUARY SPECIAL #2 \$18.00*

- 10 lb. Chicken Special**
10 lbs. Breaded Chicken Breast Chunks

S3 - FEBRUARY SPECIAL #3 \$23.00*

- Premium Fresh Fruit and Veggie Box**
- 3 lb. bag Juice Oranges
 - 3 lb. bag Tangerines
 - 2 ea. Pink Grapefruit
 - 1 ea. Golden Ripe Pineapple
 - 1 ea. Mango
 - 1 ea. Avocado
 - 4 ea. Red Apples
 - 1 lb. bag Kiwi
 - 3 lb. bag Idaho Potatoes
 - 3 lb. bag Sweet Potatoes
 - 2 lb. bag Yellow Onions
 - 1 head Green Cabbage
 - AFM Fruit and Veggie Recipe Sheet

*all prices are plus sales tax where applicable

Orders Due/Distribution Day:
Contact Your Local Host Site

**Please contact your local host site for information or visit our website to locate a host site near you www.angelfoodministries.com*



information@adultdaycarelv.org

Dedicated to Community Living with Independence and Dignity

Adult Day Care Center of Las Vegas

Lied/Sinai Senior Care Campus



A DRUMMING CIRCLE TECHNIQUES AND STRATEGIES

Presented By:

Julia Distelhurst, HPMT, MT-BC

and

Jeffrey Trowes, LMT, Soul Lifter



**INTRODUCTION TO THE THERAPEUTIC TOOL OF MUSIC AS A MODALITY FOR CLIENT INTERVENTIONS*

**INCREASE YOUR KNOWLEDGE AND AWARENESS OF HOW DRUMMING ENHANCES COMMUNICATION AMONG CLIENT/STAFF AND FAMILY MEMBERS*

**OVERVIEW OF MEDICAL RESEARCH SUPPORTING MUSIC INTERVENTIONS*

**LEARN TECHNIQUES TO SET-UP A SIMPLE DRUMMING SESSION*

Conference Details:

Las Vegas, NV

*Friday, February 25th, 2011

1:00pm – 4:30pm



*****Approvals for Continuing Education Credits***: 3 approved for State of Nevada Board of Nursing and 3 approved for State of Nevada Board of Examiners for Social Workers.**

****REGISTRATION: \$25****

CONTACT E-MAIL: dhart@adultdaycarelv.org

Diane Hart, LCSW

Adult Day Care Center of Las Vegas

901 N. Jones Blvd

Las Vegas, NV 89108

NAME: _____ PHONE: _____

CEUS: _____ SOCIAL WORK _____ NURSING _____

EMAIL: _____

PHONE: _____

DANCE IS BACK! DANCE IS BACK!

DANCE IS BACK !!!



It's going to be a **FUN & exciting** season at the Adult Day Care Center's Creative Dance

Featuring Richard Havey from the Solaris Dance Company and UNLV, teaching "BeMoved" Senior Dance on Fridays

And

Margaret Rampey, Dance and Pilates instructor at Nevada Ballet Theatre and Cirque du Soliel on Tuesdays!

Everyone is Welcome!
**Every Tuesday & Friday starting
February 8, 2011 at 10 AM**

**Please sign up with Dee Dee or
Jennifer by February 1st**

The Creative Aging Dance Program is made possible by support from the [MetLife Foundation](#) which is administered by the National Guild for Community Arts Education, and the Nevada Arts Council.



Adult Day Care Center of Las Vegas
901 N. Jones, Las Vegas, Nevada 89108
702.648.3425 www.nevadaseniorservices.org





information@adultdaycarelv.org

Dedicated to Community Living with Independence
and Dignity

Adult Day Care Center of Las Vegas

Lied/Sinai Senior Care Campus

FREE SUPPORT GROUPS

For those caring for someone suffering from
Alzheimer's disease or other Dementia

Monthly - 1st Wednesday (5:30-6:30pm)
2nd Wednesday (10:00-11:00am)

Hosted by:

Adult Day Care Center of Las Vegas
901 N. Jones Blvd., Las Vegas, NV 89108

Group Leader:

Diane Hart, LCSW

SUPPORT - LEARN - GROW

Call 648-3425 to RSVP

*FREE Supervision for your loved-one while you attend the Support Group

www.adultdaycarelv.org

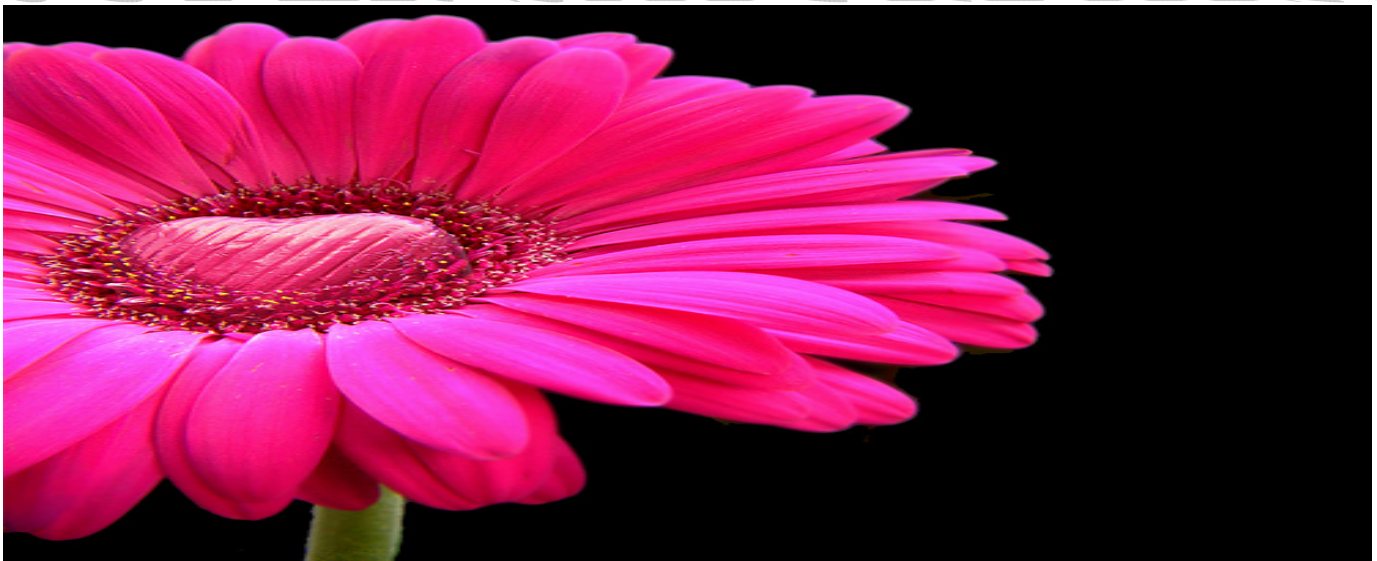


Adult Day Care Center of Las Vegas
901 N. Jones Boulevard
Las Vegas, NV 89108
702.648.3425
Fax: 702.648.1408



Adult Day Care Center of Henderson
1201 Nevada State Drive
Henderson, NV 89002
702.368.2273
Fax: 702.243.2273

SUPER SATURDAYS!



JUST A REMINDER:
THE ADULT DAYCARE CENTER OF LAS VEGAS
WILL BE OPEN ON ALL SATURDAYS IN THE
MONTH OF FEBRUARY: HOURS WILL BE
8:00AM – 6:00PM. YOU WON'T WANT TO MISS
OUT! SO PLEASE RESERVE YOUR SPOT TODAY
WITH JENNIFER, DEE DEE OR MARISELA!!

**~Thank You,
Staff at Adult Day Care Center of LV**